



BRICKLAYERS & ALLIED CRAFTWORKERS LOCAL #2, NY HEALTH BENEFIT FUND

**Effective January 1, 2017, you will be entitled to a
10% discount on your health & prescription premium if you:**

1. Certify in writing to the Fund Office that you do not use tobacco products (below); or
2. Enroll in and complete the tobacco cessation program offered through HMC. Like the HMC Health Management Program, the HMC tobacco cessation program is offered at no cost for you and your eligible dependents.

This applies to all family members, 18 years and or older who are insured with the Health Fund.

Tobacco Declaration

All family members (18 years and older) who are insured BAC Local #2 Health Fund must complete this declaration to receive the 10% discount.

- I am tobacco-free! I certify that I **have not** regularly* used tobacco (i.e. smoked cigarettes, electronic smoking devices, cigars, pipes, or used chewing tobacco, smokeless tobacco, or any other form of tobacco) within the past 90 days.**
- I am **not** tobacco-free – but I have enrolled the in HMC smoking cessation program and I'm attaching the appropriate documentation.

First

Last

Date (mm/dd/yy)

Signature

Last 4 SSN

I hereby certify that the above statement is true and correct. I understand that a false statement may affect my right to benefits under the Plan and could result in a retroactive premium increase of 10%.

**Regular tobacco use is defined as smoking cigarettes, electronic smoking devices, cigars, pipes, or using chewing tobacco, smokeless tobacco, or any other form of tobacco at least once per week.*

***If, at any time in the future, you begin regular use of tobacco products, you must notify the BAC Local #2 Health Fund*

- Did you know that every day, almost 1,200 Americans die from smoking?
- Smokers are about twice as likely as non-smokers to die from cancer, and three times as likely to die from heart attacks.
- When you quit tobacco, your health begins to improve in as little as 20 minutes, as your blood pressure and temperature return to normal.
- One year after quitting, your increased risk of heart attack is cut in half.